ETTU / ITTF Annual Coaching Conference 2019

The EUROPEAN TABLE TENNIS UNION in cooperation with the TABLE TENNIS ENGLAND invites all European coaches to the ETTU / ITTF Annual Coaching Conference, which will be held in

London, England, 30 October – 1 November 2019

ITTF / ETTU Annual Coaching Conference is part of Development Program and it is primarily intended for all European coaches, but all coaches from other continents are welcome too.

**PROGRAM**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>DELIVERER</th>
<th>VENUE</th>
<th>PLAN</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>30TH OCTOBER</strong></td>
<td></td>
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<tr>
<td>16:00</td>
<td>Table Tennis England and Greenhouse</td>
<td>Greenhouse Sport Centre</td>
<td>Introduction from Table Tennis England with delivery from Greenhouse</td>
<td></td>
</tr>
<tr>
<td>17:00</td>
<td>Richard Prause</td>
<td>Greenhouse Sport Centre</td>
<td>'Plastic ball – Influence on the technique and tactics of table tennis'</td>
<td></td>
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<tr>
<td>20:30</td>
<td>Check into hotel and dinner at hotel</td>
<td>Hotel</td>
<td>Dinner to be arranged at the hotel.</td>
<td></td>
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<tr>
<td><strong>31ST OCTOBER</strong></td>
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<tr>
<td>8:30</td>
<td>Pick up from hotel entrance</td>
<td>Hotel</td>
<td></td>
<td></td>
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<tr>
<td>9:00</td>
<td>Richard Prause</td>
<td>Greenhouse Sports Centre</td>
<td>Service / Receive in modern table tennis</td>
<td></td>
</tr>
<tr>
<td>12:30</td>
<td>Lunch</td>
<td>Greenhouse Sports Centre</td>
<td>Local company to cater at the centre</td>
<td></td>
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<tr>
<td>14:00</td>
<td>Benjamin Schmitz</td>
<td>Greenhouse Sports Centre</td>
<td>'Speed in High Performance Table Tennis / New Aspects of Weight, Coordination and Neuro Athletic Training'</td>
<td></td>
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<tr>
<td>17:30</td>
<td>Return to hotel</td>
<td>Hotel</td>
<td>Dinner then</td>
<td></td>
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<tr>
<td><strong>1ST OF NOVEMBER</strong></td>
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<tr>
<td>8:30</td>
<td>Pick up from hotel entrance</td>
<td>Hotel</td>
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<tr>
<td>9:00</td>
<td>Alan Cooke / Matt Stanforth</td>
<td>Greenhouse Sports Centre</td>
<td>'Project 913 – Table Tennis England'</td>
<td></td>
</tr>
<tr>
<td>12:00</td>
<td>Table Tennis England Closing</td>
<td></td>
<td>Finish</td>
<td></td>
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</tbody>
</table>
Lecturers:

- Richard Prause (GER) – DTTB Sports Director
- Benjamin Schmitz (GER) – DTTB Fitness Coach
- Alan Cooke / Matt Stanforth (ENG) – Table Tennis England Performance Team
- Jason Sugrue (ENG) – Greenhouse Sport Charity

Accommodation:

- Travelodge, London Kings Cross Royal Scot, 100 Kings Cross Road, London, WC1X 9DT

Costs:

- The price for the whole stay (full board and lodging in single occupancy): **EUR 180€ / day / person** (October 30th – November 1st 2019)
- The price for the whole stay (full board and lodging in double occupancy): **EUR 120€ / day / person** (October 30th – November 1st 2019)

- For 1 coach per National Association the full costs **in double occupancy** will be covered by ETTU. Note: The number of single rooms is limited and the difference of price has to be paid by the participants in advance. Participants are recommended to arrive at London Airport Heathrow / Gatwick

- Please note that organizer will NOT provide shuttle transport from / to London Airport (Heathrow / Gatwick). The simplest and the cheaper way to get from airport to centre of London is via the Heathrow Express. Details regarding the Heathrow Express can be found in the link below:
  
  [https://www.heathrowexpress.com/tickets-deals/booking-tickets](https://www.heathrowexpress.com/tickets-deals/booking-tickets)

- Additional coaches are of course warmly welcome - the price for the whole stay is: Full board and lodging in single occupancy: **EUR 180€ / day / person** (October 30th – November 1st 2019)
- Full board and lodging in double occupancy: **EUR 120€ / day / person** (October 30th – November 1st 2019)
Payment:

- The payment for participants not covered by ETTU shall be transferred directly to the account of the England Table Tennis Association not later than 25th of September 2019.

- Cash and credit card payment upon arrival will not be accepted.

Bank Details:

- ENGLAND TABLE TENNIS ASSOCIATION
- Bank Name & Address: Natwest
- BIC Code: NWBKGB2L
- Iban: GB79NBWK60101560705078
- Quoting: ETTU Coaching on payments made

Visa:

If you need visa to enter England please send your request for invitation letter with copy(ies) of scanned passport(s) not later than: Sunday 22nd of September 2019 to aled.howell@tabletennisengland.co.uk.

Table Tennis England requests that all candidates send a scanned photocopy of their passport with the following details included to support your arrival into the United Kingdom:

- Name, surname
- Nationality
- Passport Number
- Date of birth
- Contact e-mail address (in case contact needs to be made)

Please send to: aled.howell@tabletennisengland.co.uk

Only the following participating countries need to apply for a visa to enter the United Kingdom however all participants MUST share a copy of their passport:

- Egypt
- North Korea
- People’s Republic of China
Applying for a United Kingdom entry visa must be done via the following website: https://www.gov.uk/standard-visitor-visa/apply

Visa applications can be made up to 3 months before the date of travel and it is strongly advised that applications are made as early as possible, it can take up to 28 days for a visa to be issued.

To support coaches entry into the United Kingdom, Table Tennis England/ETTU will provide an ‘invitation letter’ to show why an individual is enter the UK. The letter will include the tournament dates, and location. It is good practise for invitation letters to be carried by all travellers when crossing the border as even with non-visa nationals Border Force Officials have the right to ask questions about the reasons for visiting the UK.

Entry:

Entries and wishes for accommodation shall be sent no later than:

Wednesday 25th of September 2019

- by e-mail to: aled.howell@tabletennisengland.co.uk and coaching@tabletennisengland.co.uk
- Copy to ETTU – Zita Pidl – Project Consultant (zpidl.ettu@gmail.com)

Questions:

- Concerning accommodation and payment: aled.howell@tabletennisengland.co.uk
- Concerning technical program and participation: ETTU – Neven Cegnar (ncegnar@gmail.com)

Welcome to London!