

\* **ETTU DEVELOPMENT**  
**WEBINAR**  
**18th January 2021**

- \* After a tiring 2020 - not only for table tennis community, but also for the whole world - , Table Tennis is in action in Europe again.
- \* There has been some projects applied by ETTU to overcome the pandemic in 2020. Now, new year begins with a new work, «ETTU Development Webinar».
- \* The topic of this great webinar will be «***“How and in what way to keep the focus on the player’s performance (not on the result)?”***»

# \* PARTICIPANTS



This web camp will be open to all ETTU National Team level coaches and National Team level players.

Each National Association can send as much entries as they wish. In case that the entries exceed the total limit, the participant quota for each NA will be 2 male & 2 female players and 2 male & 2 female coaches and extra entries will be put into the «Waiting List».

If the entry limit is exceeded before the deadline, there won't be any other accepted entries.

# \* SESSION DETAILS



- \*The topic of this great webinar will be «*“How and in what way to keep the focus on the player’s performance (not on the result)?”*»
- \*The session will take place on Zoom programme online, at 11.00 (CET), 10.00 (GMT), 12.00 (Istanbul, Tel Aviv) and will take app. 2 hours.
- \*The lecturers will have one session on the topic. The lecturer will create the session link and the Webinar Director will send the session information to all participants via both e-mail and «Whatsapp» group.

\*The session stages are listed below:

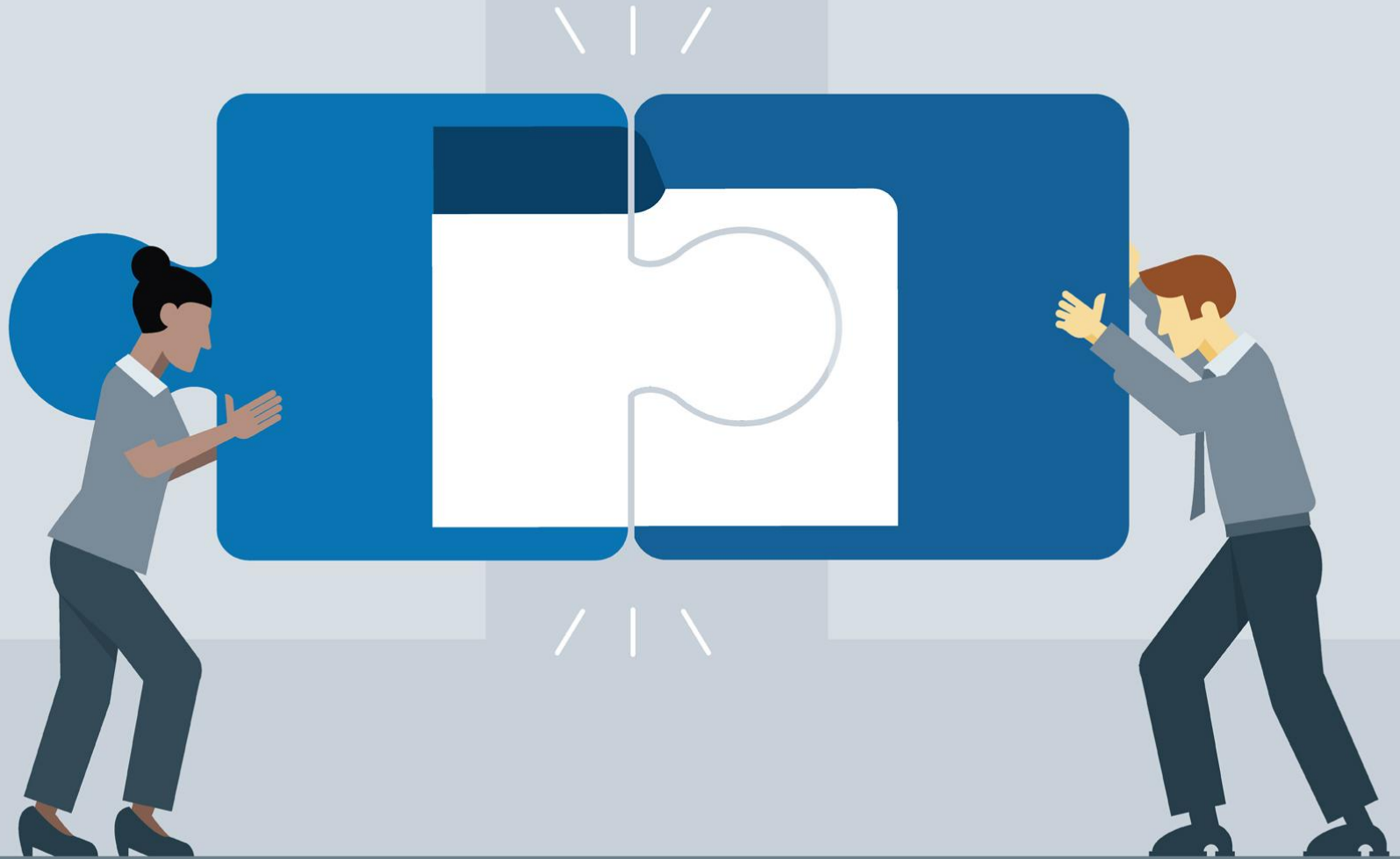
\*1. Welcoming participants

\*2. Introduction

\*3. Webinar presentation

\*4. Question - Answer

# \* PROJECT TEAM





\*The project team is;

## **\*Project Management Team**

\*\* Mr. Neven Cegnar - Prof. ETTU

Development Manager

\*\* Mr. Samet Polat - ETTU Development

Webinar Officer

\*The lecturers are;

## \*ETTU Webinar Lecturers

\*\* Mr. Amir Zulic

\*\* Ms. Ivana Sadaic

# \* Amir Zulić, Sport Psychologist

- working on psychological preparation of athletes since 1994.
- worked with more than 700 athletes in more than 40 sports
- more than 60 medals from WC, EC and OG
- in table tennis: worked with Tamara Boroš, Zoran Primorac, Andrej Gaćina for several years.
- teaching sport psychology at the Football Academy of the Croatian Football Federation since 2004.
- having fun working with athletes and coaches



# \* Ivana Sadaić, sport psychologist

- working on psychological preparation of athletes since 2016.
- worked with athletes in individual (kick-boxing, tennis) and team sports (handball, football)
- working as associate in the Faculty of Kinesiology at the University of Zagreb
- coordinating a Team for psychological crisis intervention
- always dreamed to be sport psychologist





# ONLINE PLATFORM





- \*The Project team and lecturers will use «Zoom» programme for the training sessions. ETTU will purchase «Pro licensed Zoom» for project team.
- \*Each participant has to register to «Zoom» before the webinar.

# \*DATE



- \* \* «ETTU Development Webinar» will be announced to NAs via e-mail and on ETTU.org on 4th January 2021.
- \* The entries will be sent with the «Entry Form» to Mr. Neven Cegnar (ETTU Development Manager) via e-mail to [ncegnar@gmail.com](mailto:ncegnar@gmail.com) until 13th January 2021 - 8 p.m. (CET)
- \* ETTU Coaching Webinar will take place on one day ; 18.01.2021
- \* \* Session will start at 11.00 (CET), 10.00 (GMT), 12.00 (Istanbul, Tel Aviv) and ends at 13.00 (CET), 12.00 (GMT) and 14.00 (Istanbul, Tel Aviv).